

## VERTICAL CHEST PRESS

JPCR - 102 - RBK - BL

The X-Pro Series Vertical Chest Press is engineered for powerful upper-body training. Designed to isolate the pectoral muscles, it delivers a natural pressing motion with optimized biomechanics. The machine features adjustable seat height and ergonomic handles to ensure correct posture and maximum comfort. With a 100kg weight stack, reinforced frame, and smooth resistance, it offers safe, consistent performance perfect for commercial gym use.



### FEATURES

- ◆ **Adjustable Seat:** Customizable for all heights, ensuring comfort and proper form.
- ◆ **Multi-Grip Handles:** Versatile grips target various chest muscles and reduce wrist strain.
- ◆ **Adjustable Resistance Levels:** Designed to suit beginners and advanced users.
- ◆ **Comfortable Back Support:** Promotes posture and reduces back strain.
- ◆ **Compact Design:** Space-saving, ideal for smaller gym setups

### SPECIFICATIONS

#### DIMENSIONS:

Length: 64 inches / 163 cms  
Width: 50 inches / 127 cms  
Height: 72 inches / 183 cms  
Weight: 596 lbs / 270.5 kg  
Weight stack: 220 lbs / 100 kg

**MUSCLE WORKED:** Pectoralis Major, Anterior Deltoid, Triceps Brachii

**COLOUR AVAILABLE:** Black.

